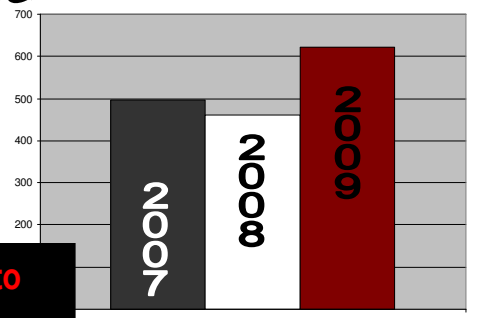


A little food for thought . . .

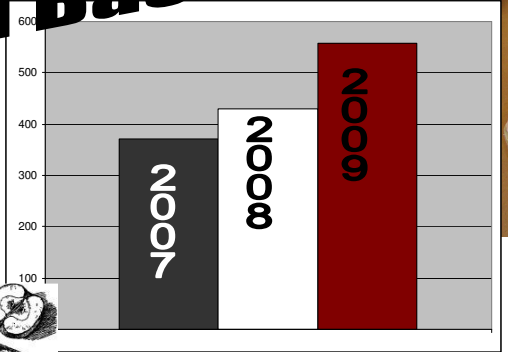
Christmas Food Baskets



Every year we deliver holiday food baskets to families in need throughout the Vail Valley. Look how the need has gone up in the last 3 year:



Thanksgiving Food Baskets



The demand for food has been so high that in 2009 we had to buy food for our food pantry

The Vail Valley Salvation Army has three food banks in the area:
Vail Interfaith Chapel Edwards located at our office
United Methodist Church in Eagle

The average family of 4 receives the following amount of food from the food pantry:

- 1-2 Cans corn
- 1-2 Cans green beans
- other veggies if wanted
- baked beans or pork & beans or pinto beans
- rice
- spaghetti and sauce
- tuna
- peanut butter
- jelly
- CrACKers
- Cereal or oatmeal
- mac and cheese
- 2 Cans soup
- EXTRAS**
 Flour, diapers, oil, toilet paper, sugar, laundry



Food from our food pantries comes from a variety of sources:

- Make a Difference Day
- Individual Donations
- School and Business Food Drives
- Food Bank of the Rockies
- City Market and Walmart
- Combined Court Donations
- Local Churches

of course all food donations are tax deductible

Did you know that in lieu of an hour of community service a person can donate \$10 worth of food. In this year alone we have received over \$9,000 worth of food from these individuals.

In 2009, 1850 families received food from our pantries!

Food Assistance Numbers

